



## War Time Recipes Cookbook (SP0034)

**Collection Number:** SP0034

**Collection Title:** War Time Recipes Cookbook

**Dates:** 1917

**Creator:** The Springfield, Missouri, Council of the National Congress of Mothers and Parent-Teacher Associations

**Abstract:** "The War Time Recipes" Cookbook collection consists of a cookbook, featuring meals that conserve wheat, meat, sugar, and fats during the First World War. The cookbook provides suitable replacements for rationed goods. The cookbook also features a display of advertisements for local companies as well as public service announcements made by the United States Government.

**Collection Size:** .01 cubic foot  
(1 folder)

**Language:** Collection materials are in English.

**Repository:** The State Historical Society of Missouri

**Restrictions on Access:** Collection is open for research. This collection is available at The [State Historical Society of Missouri Research Center-Springfield](#). If you would like more information, please contact us at [springfield@shsmo.org](mailto:springfield@shsmo.org). Collections may be viewed at any research center.

**Restrictions on Use:** The Donor has given, assigned, and transferred to the Society all copyrights, and associated rights the Donor may possess in the materials.

**Preferred Citation:** [Specific item; box number; folder number] *War Time Recipes Cookbook* (SP0034); The State Historical Society of Missouri Research Center-Springfield [after first mention may be abbreviated to SHSMO-Springfield].

**Donor Information:** The papers were donated to the State Historical Society of Missouri by Evelyn M. Seibert on July 3, 2018 (Accession No. SPA0041).

**Processed by:** Processed by Erin Smither, July 7, 2018

**Historical Note:**

The National Congress of Mothers and Parent Teacher Associations was founded on February 17, 1897, as a component of the Home Education Division for the Bureau of Education. The organization’s main goal was to educate parents on raising their children in a safe and healthy environment. To achieve this task, the organization published many works on the importance of education and a healthy lifestyle for young children. As a result, many movements formed to raise awareness of this issue.

The “Mothers’ Congress”, as it was known, established many agencies to facilitate this mission. These included Saving the Babies, Mothers’ Pensions, State Child Welfare Commission, and Protection Against Child Labor. There also existed individual state chapters of this organization to promote the goal of each agency on a more localized level.

The most crucial element to ensure the success of the Mothers’ Congress was the connections made with school districts, parents, and lawmakers. Leaders in education would regularly aid the organization in developing plans to promote children’s health and well-being both within and outside of America’s school system. Superintendents were also relied on to support the use of parent-teacher conferences at schools so that a dialogue could be maintained between the two sides.

An example of one of the main goals of the Mothers’ Congress was to end child labor in America. It was found that children that worked these jobs were highly unlikely to pursue any form of further education. Also, the organization cited evidence that children were physically unable to properly perform many of the tasks that they were assigned in these occupations. To alleviate this problem, the Mother’s Congress worked to secure pensions for widowed mothers so that children would not be forced to work to make up for the lost income.

**Arrangement:**

This collection is arranged as one item in one folder.

**Scope and Content Note:**

“The War Time Recipes” Cookbook collection consists of a cookbook, featuring meals that conserve wheat, meat, sugar, and fats during the First World War. The cookbook provides suitable replacements for rationed goods. The cookbook also features a display of advertisements for local companies as well as public service announcements made by the United States Government.

**Container List:**

- f. 1 Cookbook, 1917

**Index:**

Index Term	Folder
Greene County (Mo.)	1

<b>Index Term</b>	<b>Folder</b>
National Congress of Mothers and Parent-Teacher Associations (U.S.)	1
Springfield (Mo.)	1
World War, 1914-1918	1